



MGM INSTITUTE OF PHYSIOTHERAPY
N-6, CIDCO, CHH. SAMBHAJINAGAR

DOC No.	DC/MGMIOP/IQAC/MLP/005
Issue No.	1
Rev. No.	0
Date :	01/01/2019

Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/ 14 /2023

Date: 04/12/2023

Year: Third Year BPTTh (ODD Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physio-therapeutic Skills

For the Month of: December 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
5-Dec-23	Tuesday	General ICF	T	Dr Santosh	9-10 am	1
		PNF	T	Dr Ashwini	2-3 pm	1
		MFR	T	Dr Kapil	3-4 pm	1
6-Dec-23	Wednesday	General ICF	T	Dr Santosh	9-10 am	1
		PNF	T	Dr Ashwini	2-3 pm	1
		MFR	T	Dr Kapil	3-4 pm	1
7-Dec-23	Thursday	General ICF	T	Dr Santosh	9-10 am	1
		PNF	T	Dr Ashwini	2-3 pm	1
		Cyriax	T	Dr Kapil	3-4 pm	1
8-Dec-23	Friday	General ICF	T	Dr Santosh	9-10 am	1
		PNF	P	Dr Ashwini	2-3 pm	1
		Cyriax	T	Dr Kapil	3-4 pm	1
9-Dec-23	Saturday	General ICF	T	Dr Santosh	10-11 am	1
11-Dec-23	Monday	Ortho ICF	T	Dr Kapil	9-10 am	1
		PNF	P	Dr Ashwini	2-3 pm	1
		Cardio ICF	T	Dr Manish	3-4 pm	1
12-Dec-23	Tuesday	Ortho ICF	T	Dr Kapil	9-10 am	1
		PNF	P	Dr Ashwini	2-3 pm	1
		PFT	T	Dr Vaibhav	3-4 pm	1
13-Dec-23	Wednesday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		PNF	P	Dr Ashwini	2-3 pm	1



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		PFT	P	Dr Vaibhav	3-4 pm	1
14-Dec-23	Thursday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		Neuro ICF	T	Dr Nawaz	2-3 pm	1
		PFT	P	Dr Vaibhav	3-4 pm	1
15-Dec-23	Friday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		Neuro ICF	T	Dr Nawaz	2-3 pm	1
		BMI	T	Dr Santosh	3-4 pm	1
16-Dec-23	Saturday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
18-Dec-23	Monday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		GCS Scale	T	Dr Preeti	2-3 pm	1
		Bruce Protocol	T	Dr Vaibhav	3-4 pm	1
19-Dec-23	Tuesday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		Neuro Scale	T	Dr Nawaz	2-3 pm	1
		Bruce Protocol	P	Dr Vaibhav	3-4 pm	1
20-Dec-23	Wednesday	Hip Joint Assessment	P	Dr Sanket	9-10 am	1
		Maitland Mobilization	T	Dr Babu	2-3 pm	1
		Bruce Protocol	P	Dr Vaibhav	3-4 pm	1
21-Dec-23	Thursday	Maitland Mobilization	T	Dr Babu	9-10 am	1
22-Dec-23	Friday	Maitland Mobilization	T	Dr Babu	9-10 am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Kapil	MFR	02	00
	Cyriax	02	00
	Ortho ICF	02	00
Dr Sanket	Hip Joint Assessment	00	07
Dr Babu	Maitland Mobilization	03	00
Dr Ashwini	PNF	02	05

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Dr Nawaz	Neuro ICF	02	00
	Neuro Scale	01	00
Dr Preeti	Scale GCS	01	00
Dr Santosh	General ICF	05	00
	BMI	00	01
Dr Vaibhav	PFT	01	02
	Bruce Protocol	01	02
Dr Manish	Cardio ICF	01	00
Total		23	17


Subject Incharge


UG coordinator


Principal
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MGM Institute of Physiotherapy
Chhatrapati Sambhajinagar,





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Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/13/2023

Date: 31/10/2023

Year: Third Year BPT (ODD Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physiotherapeutic Skills

For the Month of: November 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
23-Nov-23	Thursday	Cyriax	T	Dr Kapil	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1
24-Nov-23	Friday	Cyriax	T	Dr Kapil	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1
25-Nov-23	Saturday	PNF	T	Dr Ashwini	9-10am	1
27-Nov-23	Monday	MFR	T	Dr Kapil	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1
28-Nov-23	Tuesday	MFR	T	Dr Kapil	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1
29-Nov-23	Wednesday	BMI	P	Dr Santosh	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1
30-Nov-23	Thursday	Assessment of Health & Fitness	P	Dr Santosh	2-3pm	1
		PNF	T	Dr Ashwini	3-4pm	1



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Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Santosh	Assessment of Health & Fitness	00	01
	BMI	00	01
Dr Ashwini	PNF	03	04
Dr Kapil	Cyriax	02	00
	MFR	02	00
Total		07	06

Subject Incharge

UG coordinator

Principal

Principal

MGM Institute of Physiotherapy
Aurangabad



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Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/12 /2023

Date:29/09/2023

Year: Third Year BPTth (ODD Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physiotherapeutic Skills

For the Month of: October 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
3-Oct-23	Tuesday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
4-Oct-23	Wednesday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
5-Oct-23	Thursday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
6-Oct-23	Friday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
9-Oct-23	Monday	Neuro Assessment	P	Dr Nawaz	10-11 am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Nawaz	Neuro Assessment	-	05
Total		00	05

Subject Incharge

UG Coordinator

Principal

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Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/11/2023

Date: 28/09/2023

Year: Third Year BPTH (Regular Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physiotherapeutic Skills

For the Month of: October 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
3-Oct-23	Tuesday	Maitland Lower Extremity	P	Dr Babu	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
4-Oct-23	Wednesday	Maitland Lower Extremity	P	Dr Babu	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
5-Oct-23	Thursday	Maitland Lower Extremity	P	Dr Babu	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
6-Oct-23	Friday	Maitland Lower Extremity	P	Dr Babu	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
7-Oct-23	Saturday	Maitland Lower Extremity	P	Dr Babu	9-10am	1
9-Oct-23	Monday	Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
10-Oct-23	Tuesday	Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
11-Oct-23	Wednesday	Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
12-Oct-23	Thursday	Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
13-Oct-23	Friday	Electrodiagnosis	T	Dr Wani	2-3pm	1



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		NDT	P	Dr Preeti	3-4pm	1
16-Oct-23	Monday	Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
17-Oct-23	Tuesday	Maitland Lower Extremity	P	Dr Babu	10-11am	1
		Electrodiagnosis	T	Dr Wani	2-3pm	1
		NDT	P	Dr Preeti	3-4pm	1
18-Oct-23	Wednesday	Maitland Lower Extremity	P	Dr Babu	10-11am	1
		Electrodiagnosis	P	Dr Wani	2-3pm	1
		Bruce Protocol & Balke	T	Dr Vaibhav	3-4pm	1
19-Oct-23	Thursday	Maitland Lower Extremity	P	Dr Babu	10-11am	1
		Electrodiagnosis	P	Dr Wani	2-3pm	1
		Bruce Protocol & Balke	P	Dr Vaibhav	3-4pm	1
20-Oct-23	Friday	Electrodiagnosis	P	Dr Wani	10-11am	1
		Electrodiagnosis	P	Dr Wani	2-3pm	1
		Bruce Protocol & Balke	P	Dr Vaibhav	3-4pm	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Sarath Babu	Maitland (L/L)	-	08
Dr Ashwini	PNF	-	02
Dr Preeti	NDT	-	09
Dr Wani	Electrodiagnosis	03	08
Dr Vaibhav	Bruce Protocol & Balke	01	02
Total		04	29

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Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/10 /2023

Date: 31/08/2023

Year: Third Year BPTth (ODD Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physio-therapeutic Skills

For the Month of: September 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
04-09-23	Monday	Ortho Assessment	P	Dr Kapil	10-11 am	1
05-09-23	Tuesday	Ortho Assessment	P	Dr Kapil	10-11 am	1
06-09-23	Wednesday	Ortho Assessment	P	Dr Kapil	10-11 am	1
07-09-23	Thursday	Cardio Assessment	T	Dr Abhishek	10-11 am	1
09-09-23	Saturday	Cardio Assessment	T	Dr Abhishek	10-11 am	1
11-09-23	Monday	Cardio Assessment	T	Dr Abhishek	10-11 am	1
12-09-23	Tuesday	Cardio Assessment	T	Dr Abhishek	10-11 am	1
13-09-23	Wednesday	Cardio Assessment	T	Dr Abhishek	10-11 am	1
14-09-23	Thursday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
15-09-23	Friday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
16-09-23	Saturday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
18-09-23	Monday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
20-09-23	Wednesday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
21-09-23	Thursday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
22-09-23	Friday	Neuro Assessment	T	Dr Nawaz	10-11 am	1
23-09-23	Saturday	Neuro Assessment	T	Dr Nawaz	10-11 am	1
25-09-23	Monday	Neuro Assessment	T	Dr Nawaz	10-11 am	1

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26-09-23	Tuesday	Neuro Assessment	T	Dr Nawaz	10-11 am	1
27-09-23	Wednesday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
28-09-23	Thursday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
29-09-23	Friday	Neuro Assessment	P	Dr Nawaz	10-11 am	1
30-09-23	Saturday	Neuro Assessment	P	Dr Nawaz	10-11 am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Kapil	Ortho Assessment	00	03
Dr Abhishek	Cardio Assessment	05	06
Dr Nawaz	Neuro Assessment	04	04
Total		09	13

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 Aurangabad



Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/09/2023

Date: 31/08/2023

Year: Third Year BPT (Regular Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physiotherapeutic Skills

For the Month of: September 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
1-Sep-23	Friday	Kalernborn	P	Dr Payal	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
2-Sep-23	Saturday	Kalernborn	T	Dr Payal	9-10.am	1
4-Sep-23	Monday	Kalernborn	P	Dr Payal	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
5-Sep-23	Tuesday	Kalernborn	P	Dr Payal	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
6-Sep-23	Wednesday	Kalernborn	P	Dr Payal	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
7-Sep-23	Thursday	Kalernborn	P	Dr Payal	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
9-Sep-23	Saturday	Kalernborn	P	Dr Payal	9-10.am	1
11-Sep-23	Monday	Kalernborn	P	Dr Payal	2-3pm	1
		Assessment of Fitness & Health	T	Dr Santosh	3-4pm	1
12-Sep-23	Tuesday	Kalernborn	P	Dr Payal	2-3pm	1
		Assessment of Fitness & Health	T	Dr Santosh	3-4pm	1
13-Sep-23	Wednesday	Kalernborn	P	Dr Payal	2-3pm	1
		Assessment of Fitness & Health	T	Dr Santosh	3-4pm	1
14-Sep-23	Thursday	MFR	T	Dr Kapil	2-3pm	1
		Assessment of Fitness & Health	T	Dr Santosh	3-4pm	1
15-Sep-23	Friday	Gait deviations	T	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1



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16-Sep-23	Saturday	Gait deviations	T	Dr Sanket	9-10am	1
18-Sep-23	Monday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1
20-Sep-23	Wednesday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1
21-Sep-23	Thursday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1
22-Sep-23	Friday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1
23-Sep-23	Saturday	Neural Tissue Mobilization	P	Dr Sanket	9-10.am	1
25-Sep-23	Monday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		Assessment of Fitness & Health	P	Dr Santosh	3-4pm	1
26-Sep-23	Tuesday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
27-Sep-23	Wednesday	Neural Tissue Mobilization	P	Dr Sanket	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
28-Sep-23	ThursdaY	Neural Tissue Mobilization	p	Dr Sanket	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
29-Sep-23	Friday	Neural Tissue Mobilization	p	Dr Sanket	2-3pm	1
		PNF (LL)	P	Dr Ashwini	3-4pm	1
30-Sep-23	Saturday	Maitland Lower Extremity	P	Dr Babu	9-10.am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Sanket	Neural Tissue Mobilization	00	10
	Gait deviations	02	00
Dr Payal	Kalernborn	02	08
Dr Gaurav	Brunstorm	00	05
Dr Santosh	Assessment of Fitness & Health	04	06



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Dr Ashwini	PNF (LL)	00	04
Dr Sarath Babu	Maitland Lower Extremity	00	01
Dr Kapil	MFR	01	00
Total		09	34


Subject Incharge


UG coordinator


Principal
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Aurangabad



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Date :	01/01/2019

Monthly Lesson Plan

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/FDPS/08/2023

Date: 10/08/2023

Year: Third Year BPTth (ODD Batch)

Academic Year: 2023-2024

Subject: Functional Diagnosis & Physiotherapeutic Skills

For the Month of: August 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
17-Aug-23	Thursday	Ortho Assessment	P	Dr Kapil	10-11 am	1
18-Aug-23	Friday	Ortho Assessment	P	Dr Kapil	10-11 am	1
19-Aug-23	Saturday	Ortho Assessment	P	Dr Kapil	10-11 am	1
21-Aug-23	Monday	Ortho Assessment	P	Dr Kapil	10-11 am	1
22-Aug-23	Tuesday	Ortho Assessment	P	Dr Kapil	10-11 am	1
23-Aug-23	Wednesday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
24-Aug-23	Thursday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
25-Aug-23	Friday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
26-Aug-23	Saturday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
28-Aug-23	Monday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
29-Aug-23	Tuesday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
30-Aug-23	Wednesday	Cardio Assessment	P	Dr Abhishek	10-11 am	1
31-Aug-23	Thursday	Cardio Assessment	P	Dr Abhishek	10-11 am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Kapil	Ortho Assessment	00	05
Dr Abhishek	Cardio Assessment	00	08
Total		00	13

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16-Aug-23	Wednesday	Assessment of Ankle & Foot Joint	P	Dr Goutami	2-3pm	1
		Scales (Neuro)	T	Dr Preeti	3-4pm	1
17-Aug-23	Thursday	Assessment of Ankle & Foot Joint	P	Dr Goutami	2-3pm	1
		Scales (Neuro)	T	Dr Nawaz	3-4pm	1
18-Aug-23	Friday	Assessment of Ankle & Foot Joint	P	Dr Goutami	2-3pm	1
		Scales (Neuro)	T	Dr Nawaz	3-4pm	1
19-Aug-23	Saturday	Assessment of Lumbar & SI Joint	T	Dr Wani	9-10.am	1
21-Aug-23	Monday	Assessment of Lumbar & SI Joint	T	Dr Wani	2-3pm	1
		Scales (Neuro)	T	Dr Nawaz	3-4pm	1
22-Aug-23	Tuesday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Test for PVD	T	Dr Manish	3-4pm	1
23-Aug-23	Wednesday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Test for PVD	T	Dr Manish	3-4pm	1
24-Aug-23	Thursday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Ankle Brachial Index	T	Dr Manish	3-4pm	1
25-Aug-23	Friday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Brunstorm	T	Dr Gaurav	3-4pm	1
26-Aug-23	Saturday	Assessment of Lumbar & SI Joint	P	Dr Wani	9-10.am	1
28-Aug-23	Monday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
29-Aug-23	Tuesday	Assessment of Lumbar & SI Joint	P	Dr Wani	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
30-Aug-23	Wednesday	Mulligan	T	Dr Babu	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1
31-Aug-23	Thursday	Mulligan	T	Dr Babu	2-3pm	1
		Brunstorm	P	Dr Gaurav	3-4pm	1



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Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Sanket	Assessment of Hip Joint	00	04
	Assessment of Knee Joint	00	05
Dr Wani	Assessment of Lumbar & SI Joint	02	07
	Assessment of Ankle & Foot Joint	00	05
Dr Gaurav	Brunstorm	01	04
Dr Vaibhav	PFT	02	02
Dr Sarath Babu	Mulligan	02	00
Dr Manish	Breath Holding Test	01	00
	Chest X Ray	01	02
	Test for PVD	02	00
	Ankle Brachial Index	01	00
Dr Kapil	MFR	01	00
Dr Nawaz	Scales (Neuro)	03	00
Dr Preeti	Scales (Neuro)	03	00
Total		19	29


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UG coordinator


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